

October

2009



RAMSEUR HOMES

Ramseur News

NC State Fair is Back!

Get your tickets now for the NC State Fair! You can get your tickets online in advance at www.ncstatefair.org/ or at the Gate.

State Fair Information:

Address: 1025 Blue Ridge Rd
Raleigh, NC 27607

Dates of Operation: Oct. 15-25

Hours of Operation:

Oct 15: 3pm - Midnight

Oct 16-25: 9am - Midnight



State Fair Ticket Prices:

Oct 15 - \$25 for admission and unlimited rides!

| Oct 16-25 | In Advance | At the Gate |
|--------------------------|------------|-------------|
| Adult (13-64) | \$5 | \$7 |
| Child (6-12) | \$1 | \$2 |
| Child (0-5) | Free | Free |
| Senior Adult (65+) | Free | Free |
| Group Sales (40 or more) | \$4.75 | N/A |

If you are interested in taking a client to the state fair, let us know! Ramseur Homes will be going to the state fair on October 20!

October Birthdays!

Happy Birthday!

Inah York 10-11

Darlene Williams 10-12



Inside this issue:

| | |
|------------------------------|---|
| NC Budget Cuts | 2 |
| Character Trait of the Month | 2 |
| Halloween Word Scramble | 3 |
| October Training | 3 |
| October Recipe | 3 |
| General Information | 4 |

Halloween Fun Facts!

- The most popular candy for trick-or-treaters is Snickers
- In the U.S. Halloween candy sales average 2 billion dollars
- After Christmas, Halloween is the most commercially successful holiday
- 86% of Americans decorate their homes for Halloween

NC Budget Cuts

As everyone knows, there have been many budget cuts and the actual total loss of Medicaid/federally funded service dollars is \$1,366,000,000. This cut is factored into many different services, but it will still have a big effect on our services. A breakdown of the new budget information is shown here:

NC Providers Council
 Final Money Report
Figures approved by Senate and House are bold—Current Amounts
Previous Budget Amounts are in italics

| Money Report Item # | Budget Item/Service | FY 2009-10 R= Recurring | FY2010-11 R= Recurring |
|---------------------|--------------------------|--|--|
| 159 | Reduce Community Support | <i>(\$59,772,501)R</i> (\$65,000,000)R | <i>(\$116,530,001)R</i> (\$97,500,000) |
| 160 | Reduce Group Homes | <i>(\$31,721,919)R</i> (\$15,860,960)R | <i>(\$45,109,244)</i> (\$22,554,622)R |

Character Trait of the Month - Fairness!

October's character trait is fairness! Dictionary.com defines fairness as being free from bias, dishonesty, or injustice. Although it is very important to be fair to everyone around you, it is very easy to forget. Next time you make a decision or an observation, take a second to ask yourself if you are being fair.

Everyone has said "that's not fair" and half the time someone responds with "life's not fair." Why not? If we all worked a little harder to be fair to everyone, maybe people wouldn't have to jump to that conclusion.

An easy way to help you stay on track is to always treat others the way you would like to be treated. Even if others don't follow through and treat you that way, at least you know that you were respectful and fair. The more positive energy you

throw at the world, the more that will come back to you!

Here are some tips on how to be a fair person:

- Take turns
- Tell the truth
- Play by the rules
- Listen to others with an open mind
- Don't blame other people for your mistakes
- Don't play favorites
- Don't take advantage of other people
- Consider how your actions will affect the people around you

Remember, if you are fair to others, they are more likely to be fair to you!

"Live so that when your children think of fairness and integrity, they think of you."

~H. Jackson Brown, Jr.



Though force can protect in emergency, only justice, fairness, consideration, and cooperation can finally lead men to the dawn of eternal peace."

~Dwight David Eisenhower

Halloween Word Scramble!

Can you unscramble all 12 words?

- ICTWH _____
- OEHEWLANL _____
- OSTCMUE _____
- UIKMPPN _____
- OSPKOY _____
- RTCKI _____
- NILGOB _____
- DAYNC _____
- ATMNUU _____
- ALERNTN _____
- TSHGO _____
- ATETR _____

October Training

CPR: October 20 at 2 PM

Med Admin: October 21 at 3 PM

NCI: October 24 at 9 AM

Please contact HR to register:

(919) 465-9335

vdouglas@RamseurHomes.com



October's Halloween Recipe Cranberry Pumpkin Bread

Ingredients:

- 3 1/2 cups all-purpose flour
- 1 cup packed brown sugar
- 2 teaspoons baking soda
- 1 teaspoon baking powder
- 3/4 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground cloves
- 1 cup egg substitute
- 1 (16 ounce) can whole cranberry sauce
- 1 (15 ounce) can pumpkin puree
- 1/3 cup vegetable oil
- 1 tablespoon orange zest
- 2 tablespoons chopped walnuts



Directions:

1. Preheat oven to 350 degrees.
2. Spray two 8x4 inch loaf pans with non-stick cooking spray.
3. Combine the flour, brown sugar, baking soda, baking powder, salt, ground cinnamon and ground cloves in a large bowl and mix well. Set aside.
4. Mix the egg substitute, cranberry sauce, pureed pumpkin, vegetable oil and grated orange zest together. Add this mixture to the flour mixture and stir until just moistened.
5. Pour batter into the prepared pans.
6. Sprinkle the top of each loaf with the chopped nuts.
7. Bake at 350 degrees for 55 to 60 minutes or until a toothpick inserted in the center comes out clean.
8. Let loaves cool for 10 minutes then remove from pans.
9. Enjoy!



RAMSEUR HOMES

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***Building Stronger Relationships
For a Lifetime of Success!***

Ramseur Homes

We are a residential Level III treatment facility, contracted in Wake and Durham Counties, for children and adolescents who are at risk, emotionally disturbed, or who have a mental illness. Our purpose is to make sure each child has a structured living environment. We also take great pride in providing the utmost care for our children. We believe in utilizing family and community support to foster individual development and growth.

We're on the web!

www.RamseurHomes.com

**Referrals: If you are aware of anyone that can benefit from Ramseur Homes Services please contact the corporate office at:
(919)465-9335
to obtain information about
completing the referral process.**

DONATIONS

**All donations will be accepted.
We need, but are not limited to any of the following items:**

- 1. Teenage Clothes**
- 2. Shoes**
- 3. Cleaning Supplies**
- 4. Non-Perishable Food**
- 5. Monetary Donations**

PLEASE SEND ALL DONATIONS TO:

**223 East Chatham St.
Suite 102
Cary, NC 27511**